



# Daytime Menu



# FOR THE MORNINGS

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## Scrambled Breakfast £6.78

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Half a toasted & buttered Sally Lunn Bun topped with three scrambled eggs and a LARGE Cappuccino or any pot of tea for one.

## Light Breakfast £5.98

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Half a toasted & buttered Sally Lunn Bun with Marmalade, Cinnamon or Ginger Butter & a LARGE Cappuccino or any pot of tea for one.

## Cafetière & Chocolate £6.48

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A Cafetière of one of our famous Coffees served with half a toasted Sally Lunn Bun topped with Chocolate Butter

## Cafetière & Cinnamon £5.78

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A Cafetière of one of our famous Coffees served with half a toasted & buttered Sally Lunn Bun topped with our home-made Cinnamon Butter.

# LUNCH SPECIALS

Served all day

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## The Rarebit Lunch £11.68

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A generous portion of Home-made Vegetable Soup  
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Any Rarebit with Salad garnish  
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Any blend of Coffee or Tea

## The Quick Light Lunch *A* £11.28

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A generous portion of Home-made Vegetable Soup  
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Any Sandwich  
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Any blend of Coffee or Tea

## The Trencher Lunch 2 courses £14.58 3 courses £16.98

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A generous portion of home-made Vegetable Soup  
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Any Trencher Dish  
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Home-made Apple Pie & local Clotted Cream  
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Any blend of Coffee or Tea

## The Quick Light Lunch *B* £11.18

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Any Sandwich  
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Home-made Apple Pie & local Clotted Cream  
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Any blend of Coffee or Tea

# CREAM TEAS

Served all day - all include House Tea or Coffee

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## Sally Lunn 2 course High Tea £10.98

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A thin round of Sally Lunn Bun topped with finest Scottish Smoked Salmon followed by the world famous Sally Lunn Cream Tea.

## Sally Lunn Cream Tea £5.68

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Half a toasted & buttered Sally Lunn Bun served with Tiptree Strawberry Jam (65% fruit) and lots of local Clotted Cream.

## Queen Victoria's Tea £6.18

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Half a toasted Sally Lunn Bun served with our own Lemon Curd and lots of local Clotted Cream.

## Cornish Cream Tea £5.88

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Two home-made Scones served with Tiptree Strawberry Jam (65% fruit) and lots of local Clotted Cream.

## The Bath Cream Tea £5.98

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Half a toasted Sally Lunn Bun topped with our own Cinnamon Butter and served with lots of local Clotted Cream.

## Jane Austen Cream Tea £6.28

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Half a toasted Sally Lunn Bun topped with our own Raspberry Spread and served with lots of local Clotted Cream.

We are sorry but due to the size and nature of our kitchens and bakery, we cannot guarantee that anything on this menu is completely free from nuts. We do not knowingly use GM foods.

# HOMEMADE SOUPS

Served all day with a quarter of a Sally Lunn Bun & croutons

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A smooth seasonal Vegetable Soup. £3.98 Please ask about today's Special Soup. £4.58

# SALLY LUNN BUN – TOASTED SANDWICH SNACKS

Served all day – made using half a Sally Lunn Bun and served with potato crisps and a dressed mixed leaf & cherry tomato garnish

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| Scottish Smoked Salmon with Lemon, Dill and Cream Cheese. £6.28          | Gammon Ham, mature Cheddar Cheese & mayonnaise £5.68 |
| Chicken Breast, Smoked Bacon & mature Cheddar Cheese & mayonnaise. £6.08 | Roasted Root Vegetables with sun-dried Tomato. £5.68 |
| Roast Beef with Horseradish mayonnaise £6.18                             | Creamy Brie with Cranberry Sauce. £5.88              |

# SALLY LUNN BUN – SAVOURY SNACKS

Served all day – made using half a Sally Lunn Bun and served with a dressed Mixed Leaf & Cherry Tomato garnish

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| Home-made full flavoured Smoked Salmon Pâté £5.98  | Home-made crunchy Nut Pâté with home-made Chutney £5.78                                    |
| Our fabulous BLT open toasted Sandwich with Smoked Bacon, Lettuce, Tomato and Mayonnaise. (No garnish) £6.58 | Welsh rarebit Special Served with mushrooms, smoked back Bacon and home-made chutney £6.68 |
| Welsh rarebit with home-made Chutney £5.68   |  |

# HOT TRENCHER DISHES

Served all day

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Traditionally, a type of bread – known as “Trencher” – was used before the invention of plates. Unlike plates (invented around 1500), the Trencher bread gets its flavour from the food and is eaten as part of the meal.

The use of Trencher breads remained popular in Georgian England – perhaps the most famous of all being the Sally Lunn Bun, enjoyed at Sally Lunn's for over 300 years.

Our historic Trencher dishes are served in this tradition on a trencher of Sally Lunn Bun.

All hot Trencher dishes include fresh vegetables and a plate!

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**Braised Beef Pot Roast** £8.98

Large chunks of filleted beef sealed on the griddle and then very, very slowly braised

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**Woodland Pork** £9.28

Very tender loin of pork in a creamy sauce of mushroom, bacon, sherry & tarragon

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**Hunter's Chicken** £9.28

A chicken breast sealed on the griddle and then very slowly cooked in a sauce of tomatoes, onions & peppers

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**Ratatouille** £7.88

Aubergine, courgette, onions and tomatoes with basil served on a mature cheddar cheese trencher.

## OUR HISTORY

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Sally Lunn came to this bake house in 1680 and started to make a Bun that was rich, round & generous.

She made her Buns with fresh eggs, local butter and warm milk together with the skill she had learned making French brioche. In the days of Beau Nash the Bun was served at the public breakfasts and afternoon teas.

“Sally Lunn” Buns became so famous that the house began to be called after her.

The recipe, found in a secret cupboard, is now passed on with the deeds of the house.

The present house was erected around 1482 and previous to that there is evidence of early Medieval & Roman dwellings of high quality.

Our kitchen museum is open every day. Entry is free to all guests who take refreshment.

## SALLY LUNN BUN - SWEET

Served all day with half a TOASTED Sally Lunn Bun and

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|  |       |                                 |       |
|--|-------|---------------------------------|-------|
| Butter, Tiptree Jam & local clotted cream        | £3.98 | Homemade cinnamon butter        | £3.28 |
| Butter, Tiptree Jam (Strawberry or Blackcurrant) | £3.08 | Homemade coffee & walnut butter | £3.78 |
| Butter, Traditional thick cut orange Marmalade   | £3.08 | Homemade chocolate butter       | £3.98 |
| Homemade rich raspberry topping                  | £3.58 | Homemade ginger butter          | £3.58 |
| Butter & Homemade lemon curd                     | £3.48 | Homemade brandy butter          | £3.28 |
| Pot of clotted cream                             | £1.38 |                                 |       |

## HOMEMADE SWEET TREATS & DESSERTS

Served all day - NO Sally Lunn Bun

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|                                      |       |                      |       |
|--------------------------------------|-------|----------------------|-------|
| Chocolate fudge cake & clotted cream | £4.18 | Treacle lattice tart | £3.88 |
| Apple pie & clotted cream            | £3.88 | Pecan pie            | £3.98 |
| Carrot cake & clotted cream          | £3.88 |                      |       |

## TAKE HOME A SALLY LUNN BUN

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Our famous buns are available in presentation boxes for you take home or give as gifts. Your bun will last for up to 4 days and may be frozen.

Buns are on sale downstairs in our museum shop for just £1.48 each - if you buy three buns we will give you the fourth free!

## LEAF TEAS per pot per person

|  |                 |  |              |
|--|-----------------|--|--------------|
| <b>Sally Lunn House Blend Tea</b>  | <b>£1.68(m)</b> | <b>Darjeeling</b>  | <b>£1.88</b> |
| <p>A subtle blend of Indian, Ceylon &amp; African teas. Developed to suit the palate of all regular tea drinkers. The flavour has depth without being too strong. In the words of Dr. Johnson, it is a tea which "amuses the evening, solaces the midnight and welcomes the morning.</p> |                 | <p>The most fragrant and delicate of all teas. Sometimes called the Champagne of teas. Picked in the foothills of the Himalayas, this tea should always be lightly brewed in order to appreciate its exquisite delicacy. Take black or with milk / lemon.</p>        |              |
| <b>Assam / Decaffeinated Assam</b>   | <b>£1.88</b>    | <b>Ceylon</b>  | <b>£1.78</b> |
| <p>The richness of the flavour of this tea is reflected in its reddish liquor. Described as brisk, strong &amp; malty, this tea is an excellent brew for starting the day. Best served with milk.</p>  |                 | <p>Whole leaf tea needs a longer brewing time, then the full body and pungent flavour of this tea can be enjoyed to the full. It has a dry, smooth character and golden liquor. It is believed that this is the tea taken into battle by the Duke of Wellington.</p> |              |
| <b>Earl Grey</b>   | <b>£1.78</b>    | <b>Lapsang Souchong</b>  | <b>£1.88</b> |
| <p>A beautifully fragrant tea blended from Darjeeling and black China leaf teas flavoured with real oil of Bergamot. Said to be named after the Earl who invented the tea. Ideally serve without milk</p>  |                 | <p>A distinctive smoky, tarry flavour identifies this tea from the Fukien Province of China. Traditionally the teas were cured with smoke from white pine wood. Ideally served without milk.</p>   |              |

## FRESHLY ROASTED CAFETIERE COFFEES

|  |                 |  |                 |
|--|-----------------|--|-----------------|
| <b>Sally Lunn House decaffeinated</b>  | <b>£2.58(m)</b> | <b>Jane Austen Blend</b>   | <b>£2.58(m)</b> |
| <p>Using Colombian as a base for decaffeinated produces a good "all round" coffee with a nice mellow taste and caffeine reduced to 0.001 gram per cup.</p>                                     |                 | <p>A clever blend of top quality Central American coffees (known for mild flavour and good body) and Kenya AA (slight acidity) light roasted to ensure no bitterness is detected in the cup.</p>                           |                 |
| <b>The Windsor Blend</b>   | <b>£2.58(m)</b> | <b>The Royal Blend</b>   | <b>£2.58(m)</b> |
| <p>Contains three Estate coffees from Central America - including a very good-bodied Brazilian Santos. Roasted until the oils exude onto the surface to give a full bodied all day coffee.</p> |                 | <p>This blend of selected Central American coffees, roasted to a full, but not dark colour, has a smooth and nutty taste. An ideal coffee after a meal or all day if you like some "bite" in the taste of your coffee.</p> |                 |

## FRESHLY ROASTED COFFEES per cup

|  |                 |                        |              |
|--|-----------------|------------------------|--------------|
| <b>Sally Lunn House Blend</b>  | <b>£1.78(m)</b> | <b>Espresso</b>        | <b>£1.78</b> |
| <p>An outstanding blend of some of the world's finest Arabica coffees. Contains Kenyan, Colombian and Brazilian beans. Full-bodied with a smooth after-taste.<br/><i>Enjoy as many cups of this excellent coffee as you wish</i></p> |                 | <b>Double Espresso</b> | <b>£2.28</b> |
| <b>Special Cappuccino</b>  | <b>£2.68</b>    | <b>Cappuccino</b>      | <b>£1.98</b> |
|  |                 | <b>Mocha</b>           | <b>£2.68</b> |
|  |                 | <b>Latte</b>           | <b>£2.68</b> |

## HOT CHOCOLATE per cup

|                      |              |                             |              |
|----------------------|--------------|-----------------------------|--------------|
| <b>Hot chocolate</b> | <b>£1.88</b> | <b>Luxury hot chocolate</b> | <b>£2.48</b> |
|----------------------|--------------|-----------------------------|--------------|

## SOFT DRINKS

|  |              |                                    |              |
|--|--------------|------------------------------------|--------------|
| <b>Iced Fruit Teas</b>                       | <b>£2.08</b> | <b>Elderflower Pressé</b>          | <b>£2.28</b> |
| <b>Orange Juice</b>                          | <b>£1.78</b> | <b>Schweppes Lemonade</b>          | <b>£1.58</b> |
| <b>Apple Juice</b>                           | <b>£1.78</b> | <b>Coca-Cola or Diet Coca-Cola</b> | <b>£1.58</b> |
| <b>Traditional sparkling cloudy Lemonade</b> | <b>£1.68</b> | <b>Mineral Water - 250ml</b>       | <b>£1.88</b> |
| <b>Traditional Dandelion &amp; Burdock</b>   | <b>£1.68</b> | <b>Mineral Water - 1 Litre</b>     | <b>£4.78</b> |

## BEERS

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|--|--------------|
| <b>Lager - Becks (5.0% abv)</b>                  | <b>£2.88</b> |
| <b>Bitter - please ask for today's guest ale</b> | <b>£2.88</b> |
| <b>Stout - Guinness (4.3% abv)</b>               | <b>£2.88</b> |

## WINE

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|--|---------------|
| <b>Red (12% abv), Medium White (11% abv)</b> |               |
| <b>Dry White (11.5% abv)</b>                 |               |
| <b>Glass</b>                                 | <b>£2.58</b>  |
| <b>Bottle</b>                                | <b>£11.08</b> |

Items marked (m) are available for sale in retail packs from our museum shop.